

FOOD SECURITY SYMPOSIUM

#NEOKCfoodsecurity

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Research Areas

- O Public Health
- Food Systems
- O Planning
- O Public Policy
- O Spatial Inequality



Food Security



Food Security



Creating Healthy Communities

36% of American adolescents report eating less than one serving of fruits and vegetables a day

At least 5 servings of fruits and vegetables recommended per day

On average, Americans consume 1 serving of vegetables and 1 serving of fruit a day

Median Daily Vegetable Intake



Source: United States Department of Agriculture

Creating Food Secure Communities



Creating Food Secure Communities

O Demand for Dairy Organic/Local Eggs O Growth of Food Delivery O Wine and Juice Beer Sales O Hydroponic Industry Checkout



Fresh Fruit and Vegetable Availability and Access at Brick and Mortar Stores in Oklahoma



- Superstores
- Grocery Stores
- Ethnic Markets
- Specialty Food Stores

Oklahoma City Grocery Stores



Oklahoma City Grocery Stores



Oklahoma City Land Use



Oklahoma City Dollar Stores



Oklahoma City Dollar Stores



Plan OKC

Awarded 2018 American Planning Association Daniel Burnham Award for a Comprehensive Plan

Outlines a number of goals to strenthen local food security, specifically increasing access to healthy food for all communitities through:

O Community gardens

O Reduced access to low-nutrition food

- O Preservation of agricultural land
- O Formation of a local food policy council
- Incentives to assist stores to stock healthy food
- O Prioritization of underserved areas



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