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Research Areas

- Public Health
- Food Systems
- Planning
- Public Policy
- Spatial Inequality
Food Security

Stability | Governance

Availability

Access

Utilization
Food Security

- Availability
- Access
- Utilization
Creating Healthy Communities

36% of American adolescents report eating less than one serving of fruits and vegetables a day

At least 5 servings of fruits and vegetables recommended per day

On average, Americans consume 1 serving of vegetables and 1 serving of fruit a day

Median Daily Vegetable Intake

Source: United States Department of Agriculture
Creating Food Secure Communities

- Demand for Organic/Local
- Growth of Food Delivery
- Wine and Beer Sales
- Hydroponic Industry

Diagram:

- Dairy
- Eggs
- Juice
- Packaged Foods
- Meat
- Bakery
- Deli
- Fruits
- Vegetables
- Checkout
Fresh Fruit and Vegetable Availability and Access at Brick and Mortar Stores in Oklahoma

- 558 stores selling fresh vegetables and fruit
  - Superstores
  - Grocery Stores
  - Ethnic Markets
  - Specialty Food Stores
Oklahoma City Grocery Stores
Oklahoma City Dollar Stores
Plan OKC

Awarded 2018 American Planning Association Daniel Burnham Award for a Comprehensive Plan

Outlines a number of goals to strengthen local food security, specifically increasing access to healthy food for all communities through:

- Community gardens
- Reduced access to low-nutrition food
- Preservation of agricultural land
- Formation of a local food policy council
- Incentives to assist stores to stock healthy food
- Prioritization of underserved areas
FOOD SECURITY SYMPOSIUM

#NEOKCfoodsecurity