



South Carolina

Women's Leadership
Initiative

Whole Well Women
Retreat

February 5, 2026

Club Lounge @ Segra Park

Columbia, SC

About the Whole Well Women Retreat

Agenda

9:00 - 9:30am - Registration & Networking - light breakfast & coffee

9:30 - 9:55am - Welcome ULI leadership

10:00-11:00am - Panel - Brave Balance: Reimagining Wellness for Women in Leadership

- Chandler Cox, Hughes Development Corporation
- Irene Dumas Tyson, BOUDREAUX
- Mary Katherine Phillips, EDENS
- Lasenta Lewis Ellis, LLE Construction (Moderator)

11:00-11:15am - Break

11:15 - 12:15pm - Panel - Building Healthy Places, Cultivating Whole, Well-Being: Women, Wellness and the Places We Build

- Mary Beth Branham, LS3P
- Michelle Smyth, McMillan Pazdan Smith
- Erin Finch Stevens, Surculus
- Melanie Brown, Restoration 52 (Moderator)

12:30 - 2:00pm - Break and Networking Lunch

2:00 - 2:20 pm - Sound & Stillness - How Auditory Environments Shape Well-Being

- Sudha McFadden, Sumac Arts

2:20pm Break and meditation prep - *(attendees will have the option to participate in the meditation lying on a yoga mat or seated in chair. Travel yoga mats included in registration)*

2:30 - 3:30pm - Sound bath meditation

3:30pm - Retreat concludes

Sponsorship Opportunities

	Presenting Sponsor	Well-Being Sponsor	Healthy Places Sponsor	Lunch Sponsor	Breakfast Sponsor	Scholarship Sponsor
Sponsorship Fee	\$1,000	\$500	\$500	\$500	\$250	\$250
# of Opportunities Available	SOLD OUT	SOLD OUT	1	SOLD OUT	SOLD OUT	SOLD OUT
# of Complimentary Registrations	2	1	1	1	1	1
Remarks by company representative	Introduce Opening Panel	Introduce Wellness Keynote	Introduce Healthy Places Panel	-	-	-
Recognition in marketing materials & promotion	Logo	Logo	Logo	Logo	Logo	Logo
Opportunity to provide marketing materials in swag bags	Yes	Yes	Yes	Yes	-	-
Dedicated signage	Top billing on pre-event & onsite marketing	Prominent billing on pre-event & onsite marketing	Prominent billing on pre-event & onsite marketing	At Lunch; Logo on pre-event & onsite marketing	At Breakfast; Logo on pre-event & onsite marketing	Logo on pre-event & onsite marketing

To learn more or to sponsor the Whole Well Women Retreat, please reach out to southcarolina@uli.org

About ULI South Carolina Women's Leadership Initiative

The mission of the Women's Leadership Initiative (WLI) is to promote the advancement of women in real estate, increase the number of women who serve in leadership positions, & increase the number of women who are active ULI members, and support the development of young women members as leaders in ULI and in their professions.

ULI South Carolina successfully launched WLI in Charleston in 2023, followed by Greenville in 2024. As a statewide organization, ULI South Carolina is hosting the Whole Well Women Retreat in Columbia, SC, as an opportunity to gather emerging and established women leaders from around the state, to focus on the importance of the whole, well, mind and body, in conjunction with professional growth, to help thrive in careers in the real estate development industry. The retreat also provides the foundation on which to launch WLI in the Midlands region of the ULI South Carolina District Council.

Thank you to our WLI Committee: Jennifer Audi, Patryce Campbell, Roslyn Gilstrap, Kelly Hosack, Ashley Hughes, Laura Menscher, Mary Katherine Phillips, Lauren Rogers, and Elaine Worzala; our Chair for Mission Advancement, Melanie Brown, Chair for Inclusive Excellence, Lasenta Lewis Ellis and Young Leaders Group Chair, Grace Salter.

